

## 2010 Walker Pump and Run

March 27, 2010

### Male

Overall	M Div	C Div	Name	Age	Town	Bench Reps	5K Time	Pump and Run Time
1	--	--	Wireman, Justin	28	Comstock Park, MI	61	26:55	-03:35
2	1	--	Oleksinski, Jim	42	Grosse Point, MI	45	20:01	-02:29
3	--	--	Mabry, Travis	32	Belmont, MI	43	19:42	-01:48
4	2	--	Barnhart, Randy	48	Akron, OH	46	21:57	-01:03
5	--	--	DeWulf, Dan	32	Grand Rapids, MI	47	22:59	-00:31
6	--	--	Haik, Ryan	35	Grand Rapids, MI	41	20:12	-00:18
7	--	--	Peltz, Nathan	34	Grand Rapids, MI	43	21:17	-00:13
8	--	--	Kline, Ed	36	Byron Center, MI	34	18:59	01:59
9	--	--	Sieler, Tony	28	Grand Rapids, MI	41	22:52	02:22
10	--	--	Harper, Dave	27	Walker, MI	46	25:31	02:31
11	--	1	Thumm, Dan	31	Holland, MI	35	20:52	03:22
12	3	--	Chojnacki, Mike	42	Allendale, MI	34	20:37	03:37
13	--	2	Triick, Matt	27	Grand Rapids, MI	34	20:38	03:38
14	--	--	Thornton, Andy	28	Lowell, MI	35	21:33	04:03
15	--	--	Lewis, R.J.	32	Grand Rapids, MI	31	20:38	05:08
16	--	--	Crowley, Joe	28	Ravenna, MI	42	26:35	05:35
17	--	--	Muday, Charles	34	Delton, MI	32	21:36	05:36
18	--	--	Olman, Mike	31	Grand Rapids, MI	43	27:07	05:37
19	--	--	Haynes, Eric	30	Grand Rapids, MI	37	24:16	05:46
20	--	3	Geoghan, Josh	30	Marne, MI	36	23:47	05:47
21	4	--	Smith, Andrew	40	Rockford, MI	38	25:29	06:29
22	--	--	Hanna, Jared	25	Pickford, MI	34	23:37	06:37
23	--	--	Lyons, Jacob	30	Grand Rapids, MI	32	23:14	07:14
24	--	--	Pease, Eric	26	Grand Rapids, MI	36	25:18	07:18
25	--	--	Wojie, Joe	28	Wyoming, MI	31	23:25	07:55
26	--	--	Sieler, Ryan	30	Adrian, MI	30	22:58	07:58
27	--	--	Benham, Steven	30	Alto, MI	33	24:38	08:08
28	--	--	Kenny, Chris	28	Howell, MI	31	23:55	08:25
29	--	--	Kiesgen, Cameron	27	Kalamazoo, MI	24	21:00	09:00
30	--	--	Jesse, Joshua	21	Grand Rapids, MI	27	23:12	09:42
31	--	--	Muday, Michael	37	Richland, MI	24	22:31	10:31
32	--	--	Kuhnle, Jason	32	Grand Rapids, MI	26	23:40	10:40
33	--	--	Lautenbach, Curt	30	Rockford, MI	24	22:51	10:51
34	--	--	Rogers, James	16	Sparta, MI	21	21:54	11:24
35	5	4	VanDeusen, Steve	40	Grand Rapids, MI	30	26:56	11:56
36	6	--	Connors, Scott	40	Grand Rapids, MI	28	26:16	12:16
37	--	--	Nicholls, Darin	26	Grand Rapids, MI	21	22:49	12:19
38	--	--	Pawlowski, Peter	29	Walker, MI	20	22:22	12:22
39	--	--	Braam, Jeffrey	37	Saranac, MI	20	22:38	12:38
40	7	5	Wash, Frank	41	Coopersville, MI	25	25:12	12:42
41	--	6	Carlson, Sean	30	Rockford, MI	20	22:43	12:43
42	--	--	Nicholls, Mark	34	Walker, MI	26	25:57	12:57
43	8	--	Walker, Steve	47	Grand Rapids, MI	20	23:30	13:30
44	9	--	Bazzett, Eric	40	Grant, MI	19	23:44	14:14
45	--	--	Raisanen, Tom	34	Walker, MI	20	25:05	15:05
46	--	--	Dulyen, Mark	17	Fremont, MI	12	21:11	15:11
47	--	--	Young, John	35	Twin Lake, MI	21	26:10	15:40
48	--	--	Streeter, David	33	Walker, MI	17	24:31	16:01
49	--	--	Bence, Kevin	21	Grand Rapids, MI	2	17:01	16:01

## 2010 Walker Pump and Run

March 27, 2010

### Male (cont.)

Overall	M Div	C Div	Name	Age	Town	Bench Reps	5K Time	Pump and Run Time
50	10	--	Scrimger, Mike	40	Coopersville, MI	18	25:26	16:26
51	11	--	Smith, James	53	Grand Rapids, MI	13	22:56	16:26
52	12	--	Jordan, Robert	48	Wyoming, MI	21	28:37	18:07
53	--	7	Schmidt, Michael	29	West Olive, MI	17	27:06	18:36
54	13	--	Snider, Chris	46	Coopersville, MI	15	26:20	18:50
55	--	--	Krajkieucz, Joe	28	Grandville, MI	16	26:59	18:59
56	--	--	Schmidt, Mark	30	Grand Rapids, MI	22	30:10	19:10
57	14	--	West, Wayne	48	Walker, MI	11	25:08	19:38
58	15	8	Korfhage, Tyler	45	Walker, MI	17	28:13	19:43
59	--	--	Mckeiver, Brian	30	Walker, MI	6	23:06	20:06
60	16	9	Miller, Michael	49	Rockford, MI	15	28:27	20:57
61	17	--	McGee, Bob	55	Allendale, MI	17	29:35	21:05
62	--	--	Nawrocki, Eric	26	Grand Rapids, MI	8	25:40	21:40
63	18	--	Baker, Scott	42	Walker, MI	13	28:12	21:42
64	19	10	LaGrow, Joe	41	Byron Center, MI	16	30:08	22:08
65	--	--	Nyenhuis, Dan Jr.	27	Walker, MI	7	26:11	22:41
66	--	11	Kuzma, Darrell	23	Walker, MI	17	31:33	23:03
67	--	12	Budnick, Nick	25	Grand Rapids, MI	8	28:17	24:17
68	20	--	Crowley, Dan	53	Coopersville, MI	5	30:46	28:16

M Div = Master's Division

C Div = Clydesdale Division

## 2010 Walker Pump and Run

March 27, 2010

### Female

Overall	Name	Age	Town	Bench Reps	5K Time	Pump and Run Time
1	Michels, Heidi	27	Comstock Park, MI	59	25:10	-04:20 <sup>1</sup>
2	Gunneson, Amy	45	Rockford, MI	37	21:34	03:04
3	McKeiver, Anne	30	Walker, MI	25	22:25	09:55
4	Nuberg, Tamara	46	Grand Rapids, MI	18	23:07	14:07
5	Alvesteffer, Jodi	39	Grand Rapids, MI	11	21:56	16:26
6	Renfro, Tacey	37	Coopersville, MI	13	23:06	16:36
7	Beadle, Nicole	27	Ann Arbor, MI	14	26:00	19:00
8	Schneider, Jodie	26	Holland, MI	13	26:28	19:58
9	Truxell, Nadia	33	Muskegon, MI	10	25:57	20:57
10	Myers, Melissa	27	Milford, MI	5	23:44	21:14
11	Stephens, Sandy	46	Grand Rapids, MI	15	30:53	23:23
12	Karnes, Linda	46	Coopersville, MI	3	26:10	24:40
13	Stevenson, Adriana	27	Grand Rapids, MI	4	26:50	24:50
14	Kregel, Dawn	35	Walker, MI	0	26:56	26:56
15	Jachim, Melissa	35	Grand Rapids, MI	1	27:47	27:17
16	Nyenhuis, Jill	26	Walker, MI	1	29:54	29:24
17	Riley, Lorie	48	Wyoming, MI	1	29:57	29:27
18	Thrun, Karen	45	Grand Rapids, MI	0	31:33	31:33
19	Broadwater, Bonnie	29	Fennville, MI	1	33:00	32:30
20	DeHaan, Laurie	50	Hudsonville, MI	0	33:43	33:43
21	VanPortfliet, Michele	44	Walker, MI	0	33:44	33:44

<sup>1</sup>Overall Female Event Record